



CHOICE SWEETENED DRIED CRANBERRIES – DICED & WHOLE

UPC # 94613, 94639, 94632, 98005

NUTRITIONAL ANALYSIS

Per 100 grams

| | |
|---------------------|----------|
| Calories | 342 |
| Calories from Fat | 4.5 |
| Total Carbohydrates | 84.15 g |
| Sugars | 67.0 g |
| Dietary Fiber | 5.0 g |
| Protein | 0.3 g |
| Total Fat | 0.5 g |
| Trans Fat | 0 g |
| Cholesterol | 0 mg |
| Moisture | 15.0 g |
| Ash | 0.05 g |
| Vitamin A | 0 mg |
| Vitamin C | 1.0 mg |
| Calcium | 3.8 mg |
| Iron | 0.0 mg |
| Copper | 0.0 mg |
| Magnesium | 1.8 mg |
| Niacin | 0.0 mg |
| Phosphorus | 0.0 mg |
| Potassium | 11 mg |
| Riboflavin | 0.13 mg |
| Sodium | 2.0 mg |
| Thiamin | 0.010 mg |
| Zinc | 0.0 mg |

This analysis represents an average sampling.

Ocean Spray Cranberries Ingredient Technology Group

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