



SOFT & MOIST SWEETENED DRIED CRANBERRIES
 UPC 94514, 92008, 03477
 NUTRITIONAL ANALYSIS

Per 100 grams

| | |
|---------------------|----------|
| Calories | 310 |
| Calories from Fat | 4.5 |
| Total Carbohydrates | 83.20 g |
| Sugars | 65.0 g |
| Dietary Fiber | 8.73 g |
| Protein | <0.10 g |
| Total Fat | 0.50 g |
| Saturated Fat | <0.5 g |
| Trans Fat | 0 g |
| Cholesterol | 0 mg |
| Moisture | 16.00 g |
| Ash | 0.20 g |
| Vitamin A | 0 mg |
| Vitamin C | <1.00 mg |
| Calcium | 10.0 mg |
| Iron | 0.53 mg |
| Copper | 0.08 mg |
| Magnesium | 4.70 mg |
| Niacin | 0.99 mg |
| Phosphorus | 7.80 mg |
| Potassium | 40.20 mg |
| Riboflavin | 0.016 mg |
| Sodium | 3.20 mg |
| Thiamin | 0.007 mg |
| Zinc | 0.11 mg |

This analysis represents an average sampling. 08 Sept 2009

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